The Fairfax News

June 2009 * A publication by the people of Fairfax

Volume 32, Issue 6

NEWS BRIEFS

In Passing

Fairfax was saddened in May by the passing of Sara Terell, Maurice Boissoneault and Bruce Meserve.

Buy Your Ducks

Don't be left without a ducky for Saturday's race. Ducky Tickets are available at local businesses.

Steeple Update

The old foundation is gone and a hole sits awaiting the new concrete foundation for Steeple Market on Main Street in Fairfax. The popular supermarket was destroyed by a fire on Christmas Eve 2008.

New Principal

Fairfax Principal Scott Lang is leaving BFA at the end of June. Michael Clark will be the new principal on July 1st. A special, final "Our Changing Schools" starts on the frontpage.

DWT

What percent of students are driving while texting? Samantha Naylor did some research. Story on page 4.

Bullets Sports

The Lady Bullets are the #1 seed in the Vermont State Championship. On June 3rd, they exploded on Arlington for 11 runs in the first inning and went on to win 18-0.

The Bullets baseball team lost to Oxbow in the opening round of the playoffs.

Baseball story on page 9. Softball plays again Saturday.

Eagle Scouts

Eric Hodet, Josh Boucher, Josh King, Storm Pouliot became Eagle Scouts in May. My apologies for not having a photo.

Texas Hold 'em

The Patriots Youth Football team will be holding a Texas Hold 'em tournament. Details on page 9.

COMING NEXT MONTH

Summer Activities

HENRY RAYMOND'S COVER PHOTO

Community Day Features Ducky Race



Girl Scouts Troop 30-369 took up the task of planting flowers at the caution light in the center of Fairfax on a rainy Sunday Morning, May 24, 2009. There is no set assignment for this responsibility, however, each year someone takes on the responsibility without being asked. $J \odot L$ Hardware pitched in and contributed dirt and mulch. Groups of Girl Scouts a generation ago, as well as individual adults or groups of adult residents have pitched in over the years to plant flowers at this Fairfax Landmark, "The Caution Light In Fairfax." Everybody knows where that is.

Visit my website at www.vtgrandpa.com

Our Changing Schools

SCOTT LANG, BFA HIGH SCHOOL PRINCIPAL

I struggled with this piece. So out of respect for all of you and perhaps some respect for myself, I want my last real piece for the Fairfax News to be what I hope the previous eighty or so pieces were; informative. This article will reflect what I believe were the top five initiatives at BFA in the last ten years.

The first was the Safe School Initiative. The seeds were planted in December of 1999 for the single thing that would rock the BFA world. Detention and punishment were history and in their place, relationships, accountability and teaching pro-active social behavior. In the summer of 2000, representatives from all three of BFA's schools within the school met for a week long conference on what would need to happen to affect this change. Tom Walsh facilitated that summer work, and Deb Walford, Jim Lonergan, Lynn Gardner and a dozen others carried the torch.

We created those six core values that later morphed into more developmentally appropriate language like CARES and gave birth to the Responsive Classroom in the elementary school and Responsive Design more recently at the middle level. We held night meetings in August to help parents and kids understand that we were done with power struggles based in an outmoded way of managing student behavior. We also brought back students who had previously been tuitioned out of our community because their behavior could not be appropriately managed in the mainstream. STRIVE has grown to accommodate sixteen or so young people in middle and high school. The

drop out rate dropped dramatically for those kids and the school climate became positive and welcoming. Rachel McIntyre and Justin Brown shouldered the bulk of the teaching and learning about behavior for kids and adults. Mark Trifilio was the champion of Responsive Classroom. Tammy Boissoneault and Barb Nason were the stewards.

The number two initiative on my list was heterogeneous grouping of students in the high school. Social Studies and the non-core subjects were already heterogeneously grouped in 1999. Over the course of five years, we managed to create an entire high school curriculum based on the notion supported in our mission; that all students can learn. Social Studies was the first core department to support heterogeneity. Math moved quickly in that direction as a result of the first accountability assessment, the New Standards Reference exam. It was quite clear to the math teachers that teaching a dual track would only ensure failure for one of those two tracks.

English was next to follow. This was

SCHOOLS
Continued on page 6

BY CHRIS SANTEE

ome one, come all to the second annual Fairfax Community Day on Saturday, June 6th, at the Fairfax Recreation Park. Come celebrate your community with friends, family and neighbors.

Activities will commence for two to five year olds at 10:30 a.m. with a balloon toss, a tug a rope, sack races, egg races and more. At 11:00, it's five to eight year olds getting their chance and from 11:30 to noon, it's time for nine to 12 year olds.

At noon, the Leftover Band will begin playing music for all ages to enjoy.

COMMUNITY DAY
Continued on page 5

Fairfax Farmers Market

Beginning Saturday, June 6th, the Fairfax Farmers Market welcomes all local producers of homemade foods, home or farm grown produce, and local crafters and artisans. We are really looking forward to having a place for the people of Fairfax to get together this summer and share your talents, a story, and a treat with friends and neighbors. Vendors are invited to participate on a week to week basis, but the Market and vendors will benefit from regular weekly participation. Vendor fees are \$50 full season or \$10 per day

Booth space of 10'x10' will be available to each vendor. Vendors will need to supply their own tables, chairs and canopies. Paid full season vendors will have first priority to available spaces with all other spaces being designated on a first come-first serve basis.

We would like to have all booths set up no later than 8:45, plan to come early to choose your site and register. Melissa will be available at 7:30 to begin checking in vendors. For additional information please contact Melissa Beerworth at melissabeerworth@yahoo.com.

Vermont State Softball Playoffs

Green Mountain at BFA Fairfax

Saturday, June 6

4:30 p.m.

Postmaster, Please Mail To:

Letters To the Editor

Dear Fairfax,

The time has come for us to say farewell to Bellows Free Academy Fairfax Principal D. Scott Lang. For ten years he has been at the helm and Vermont's largest single building K-12 has come through some choppy waters successfully. We've seen great times and we've mourned together through some sad times. We came close to getting that basketball banner.

You've used your monthly space in this newspaper well and I've always admired one who communicates effectively. For that I will always be grateful.

To the Class of 2009

With my son included, I commend you all. I've watched you grow from Pokemon Battles to Playoffs in Barre. T-Ball to Football, it's been fun.

You've been in my home, you've been in my pool, you've been in my refrigerator and you've been in my heart.

Now go out and be in the world, I know you will succeed.

Take care and God bless,

Chris Santee

The Fairfax News

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Local Derby?

Congratulations area sportsmen, women and youth. We did great. And we won round 1.Thanks to all anglers and hunters and others for calls and letters and participation urging House Appropriations to keep our fish hatcheries open. And thanks to support form our local officials too. It worked. Our fishing economy is too vital. Winning programs that multiply funds and rally the public like fishing are model and need to be codified and saluted and protected in Montpelier. Every dollar invested in hatcheries in Vermont multiplies by 5 in generation of revenue say some experts. All folks involved fund raising can benefit understanding this model of public and private initiate that invests to reward with such significant economic impact.

Fletcher General Store had checked in nearly 70 turkeys by end of first weekend. Natures great bounty Spring 09 and the inspiring VT Outdoors. FGS has a great facility and does a wonderful job checking in, weighing and photographing. Warms my heart.

Georgia, Fairfax and Fletcher have some truly talented and avid hunters and anglers. Some are even BFA state champs.

Success afield and on the field. Exceptional young Vermonters!

Northern VT is a prettier than usual place to hunt for gobblers. Myself and many others would like to see some resorts capture revenue in May by offering turkey hunting and angling. Our fishing, hunting and riding tourism here in Fairfax is notable. Our local stores near VAST and Falls annual totals of biz, food, bev, license, fuel, tackle, ammo, gear must be impressive. See UVM Study 2006 on mean expenditure and Vermont visitors. Our area does better than most for local visitor tourism and out of state angling tourism. Bet we could do a great local derby and proceed for team sports and state conservation camps. And involve all stores.

Tom Schmidt

Thank You

A big thank you to all who sent cards and birthday wishes to me on my recent birthday and thanks to Henry Raymond's website. You all made my dav.

Mildred Warren



2nd Annual Fairfax Community Day!

Saturday, June 6th - In Recreation Park



10:30 am - 4 pm Celebrate YOUR community with friends, family and neighbors!

Events:

10:30 am-Noon Field Day Activities for kids ages 2-12

(balloon toss, tug a rope, sack races, egg race etc.)

10:30-11:00 Ages 2-5

11:00-11:30 - Ages 5-8

11:30-Noon Ages 9 -12



Noon - Leftover band to play

11am - 1pm- Face painting, book sales, snack sales, ambulance and fire trucks to visit.

1pm - Volleyball games in the park

2pm - Ducky Race in the park

3pm - Tentative Little League game

Bring a picnic lunch!



Fun to be had by all!

Ducky Tickets on sale all day until $\frac{1}{2}$ hour before race start!

Thank You

I want to thank those responsible for the dedication of the Fairfax Annual Town Report to Donna Meunier and myself.

Fairfax has been a great place to live for our family since 1962 and I am thankful that I could contribute whatever I could serving as Town Moderator. As most of your readers know, Town meeting is unique when it comes to local government and citizen participation.

On the lighter side of things, I am still waiting for a check from Selectman Jeff Blake for my travel expenses between Vero Beach and Fairfax.

Bernard J. Keefe, Jr.

From Carolyn Branagan

The veto vote was held early Tuesday afternoon. Franklin County Representatives Consejo, Gilbert, Howrigan, Keenan and Young all voted against the veto. Representatives Branagan, Dickinson, McAllister, Pearce, Perley and Savage voted to sustain the Governor's veto. It was a very partisan vote preceded by nearly 2 hours of debate.

There is no doubt that we can do better. It is possible for the legislature to build more consensus and arrive at a better budget for the people of our state. Even though there are parts of the Governor's proposal with which I fundamentally disagree, there is enough common ground to reach a satisfactory agreement. The two proposals are not that far apart. I am disappointed in the outcome of the legislature's vote today, and I feel it is not in the best interest of the state.

Letters Continued on page 4

Go Bullets!!!

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COMMUNITY EVENTS

At the Library

Three Part Wellness Series

Dr. Audrey von Lepel along with Dr. Arnie Kozak and pharmacist Scott W. Brown will be presenting three current topics at the Community Library at BFA Fairfax during the month of June.

On Tuesday, June 16th, Scott W. Brown who is a compounding pharmicist and owner of the Custom Prescriptions Shoppe in South Burlington will be discussing bio identical hormone replacement therapy or BHRT. This topic has been discussed on Oprah, Dr. Phil and The Doctor's along with various other talk shows. The BHRT may help women who are experiencing menopausal symptoms such as brain fog, hot flashes, anxiety and sleeplessness. This presentation will be very interesting and informational.

On Thursday, June 18th, Dr. von Lepel will be presenting An Apple a day, Food as Medicine. Dr. von Lepel has been practicing medicine in Fairfax since 1990 and has a special interest in nutrition and alternative medicine. This will be a light hearted presentation on folk medicine and the remedies your grandmother used to treat colds, GI distress and alike. There will be a presentation on vitamins and supplements to help you sleep, lose weight, treat depression and prevent heart disease. This talk will have good information so bring a pen and take notes.

On Tuesday, June 23rd, Dr. Arnie Kozak, author of Wild Chickens and Petty Tyrants; 108 Metaphors for Mindfullness. Dr. Kozak will be doing a presentation on mindfullness, the art and skill of living in the present as a vehicle for reducing stress and enhancing the quality of life. Dr. Kozak has been practicing as a licensed psychologist in Burlington since 1996 at the Exquisite Mind Studio which he founded in 2002.



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Dr. von Lepel will continue sponsoring various wellness seminars throughout the Fall of 2009. Topics will include dealing with aging parents, exercise, healthy cooking, cholesterol reduction and other health related topics.

ECHO Passes

The Fairfax Community Library now offers FREE day passes to ECHO lake aquarium and science center, Shelburne Farms and many Vermont State Parks. Stop in or call to reserve a day pass for you and your family. You must be a current patron of the Fairfax Community Library and return passes on the same day that the pass is used.

Our summer reading program Be Creative @ Your Library will kick off June 25th at 7:00 p.m. with The Backpack Theater Group. This wonderful group of young people will perform their version of The Wizard of Oz. Our programs will continue through the summer on Thursday MORN-INGS at 10:00 a.m. We encourage all the students of Fairfax to participate in our reading incentive program this summer. We will be giving away many prizes including 2 mountain bikes at our grand finale program on August 13th. Come into the library for your reading record and more information.

Back by popular demand, we will also have a reading incentive program for high school students that read over the summer. We will hold a raffle where students may enter with each book they read to win an Apple iPod 8g Nano.

Our free summer concert series will kick off on June 30th with The Starline Rhythm Boys at 7:00 p.m. on the

> AT THE LIBRARY Continued on page 7

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Sara R. (Wells) Terrell

late Betty (Maggi) Wells.

Terrell

FAIRFAX - Sara Rose
(Wells) Terrell, 60 passed

(Wells) Terrell, 60 passed away unexpectedly at Fletcher Allen Health Care on Thursday May 14, 2009. She was born on March 28, 1949 in Shreveport, LA daughter of Frederic Wells and the

Sara had dedicated her life to helping others. Upon arriving in Vermont she found a calling to enter the Emergency Medical Services and joined Fairfax Rescue. From then on, Sara's passion was in sharing her knowledge and devotion to health care through teaching Emergency medicine to students throughout Vermont. She had been a proud member of Fairfax Rescue and served as an area training officer for over 20 years.

Her skills and dedication have been passed on to her numerous students who continue to help those in need. Sara also enjoyed numerous years as an operating room nurse in Louisiana, Texas, and in Vermont at Fletcher Allen Health Care.

Sara's relationship with God was paramount to her and guided her in her daily interactions with others. Sara prided herself for her patience. She was a Eucharistic minister and Reader at St. Luke Catholic Church. Sara shared her love and patience with her animals as well, her hound dogs Isabel and Aristotle were her constant companions and the apples of her eye as well as her cats Harley and Thibodeaux. Sara will be greatly missed by those who knew and loved her and her dedicated skills of helping others will continue through her students.

She is survived by her very special niece Denise Wells with whom she shared her home in Fairfax, her father Frederic Wells, Sr. of Shreveport, Louisiana, her two brothers, Rick Wells and wife Sue of Michigan and Danny Wells and wife Betty of Louisiana, her two sisters, Susan Todd and husband Dennis of Louisiana and Cindy Carter and husband Mike of Tennessee, a special Aunt Barbara Hall of Louisiana and several other aunts, uncles, nieces, nephew, cousins and her extended family of EMS personnel in Franklin County.

She was also predeceased by her exhusband James Terrell whom she had

remained friends with throughout the years

Visiting hours were held on Tuesday May 19, 2009 from 2:00 - 4:00 and 7:00 – 9:00 p.m. at A. W. Rich Funeral Home - Fairfax Chapel. A Mass of Christian Burial was celebrated on Wednesday May 20, 2009 at 11:00 a.m. at St. Luke Catholic Church, Fairfax with the Reverend Julian Asucan officiating. Burial followed in the family lot in St. Luke's Cemetery, Fairfax. Memorial contributions in Sara's memory may be made to Fairfax Rescue Squad Inc. P.O. Box 228 Fairfax, VT 05454. Arrangements are by John D. Workman, A. W. Rich Funeral Home - Fairfax Chapel, 1176 Main St. Fairfax, VT 05454. The family invites you to share your memories and online condolences by directly visiting www.awrichfuneralhomes.com.

Thank You Lord

For each and every minute Sara was with us in Fairfax. She loved to teach emergency rescue skills to our young trainees and we are a much safer community because of her.

Cell Phones and Teens

amantha Naylor, BFA Class of 2009 completed an essay on Cell Phones and Teens this spring and she uncovered some alarming statistics of which all parents and teen drivers should be aware.

Students with their licenses from Fairfax and St. Albans were surveyed and Samantha discovered 77% of Fairfax females text while driving and 85% talk on their phones while driving. Fifty-six percent of St. Albans females text while driving.

Fifty-six percent of Fairfax males text while driving compared to 54% of St. Albans males.

Naylor comments in her report "I think the majority of teens do not see the hazards of using their cell phones and the safety issue," and she suggests Driver's Education classes should include teaching the dangers.

We agree.

JSC 5th Annual Hoop Camp

he 2009 Northern Vermont Hoop Camp will be at Johnson State College June 21-26. Under the direction of men's basketball coach Michael Osborne, NVHC will provide both full-day and residential options for boys wishing to improve their game and have a great summer experience. The JSC athletic staff and area high school coaches provide both fun and age appropriate competitive basketball instruction to boys from grades 6-12.

"I think the greatest compliment that can be paid to our staff here is that we have a very high percentage of players that return every year" said Osborne, "The guys have a great time and they come back to us each year better players and hungry for more" he said. Osborne recently completed his fourth season as Head Coach at JSC where his team made the North Atlantic Conference playoffs each of the past two seasons.

The staff utilizes instruction that includes; small-group stations, lectures by college coaches and players on a wide variety of topics, and competitive games played daily, as well as one on one instruction. At the conclusion of the week, each camper will receive a summary of their performance that includes positive feedback and suggested drills and/or areas to improve on and a Vermont Hoop Camp ball and t-shirt.

For more information, call Michael Osborne at (802) 635-1470 or e-mail at michael.osborne@jsc.edu.

Letters Continued from page 2

What now? We go on. Many Vermonters will be paying more in taxes than ever before and of course the budget is bigger than ever, but this is the decision made by the majority of legislators.

The special session will continue for at least one more day. Tomorrow (June 3) we will take a look at the companion bill, which is intended to fix some of the acknowledged problems with the budget.

Legislative work now should concentrate on making sure Vermont is in good shape to recover from the recession and take advantage of improved economic conditions. I'll continue to do my best for the people of my district. Feel free to contact me at cbranagan@leg.state.vt.us.



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COMMUNITY DAY Continued from page 1

There will be face-painting, book sales, snack sales and a fire truck and an ambulance to visit from 11:00am to 1:00 p.m.

Volleyball games will commence at 1:00 p.m. and the famous "Ducky

Race" will go off at 2:00 p.m. You will be able to pick up ducky tickets the morning of the events, or you can get yours now at local stores.

At 3:00 p.m., there may be an exhibition game for Little Leaguers at the Fairfax Recreation Park, so bring a picnic lunch, there's fun to be had by all!

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SCHOOLS Continued from page 1

a more methodical process that included ninth grade classes first, then tenth. English for juniors and seniors was a bit more of a challenge but we created "selectives", English classes based on student interest (and teacher passion). Now Poetry and Shorty Story, Vermont Literature, Graphic Novel and Public speaking have replaced English 11-1 and English 11-2. For the more traditional of our learners, there are still two English survey courses, one for eleventh grade and one for twelfth. A funny thing happened on the way to implementing this; more kids started taking more English instead of meeting the minimal graduation requirement.

I have written much of late about Differentiated Instruction and Understanding by Design. But truthfully, BFA students would not have been so successful in their heterogeneous classes unless these two important pedagogical approaches to teaching and learning had been there to support teachers in supporting learners. I will not belabor the point but when instruction is focused (Understanding by Design) so that students know what they will know, understand and/or do, and when the learning is scaffolded, sorted by learning style or interest and authentic, kids respond to what they see as respectful tasks. So do adults. John Tague, Judy Stewart, Katie Mack, Jean Anne Branch, Joe McSoley, Jensen Welch, John Woodley and Sheila McKay were the pioneers there.

The Vermont Reads Institute was initiative number four. It was not as wildly successful as we had hoped but it did form the basis of asking content teachers to actively teach reading skills so that students could access content in their text books. Besides a monthly focus on a particular reading skill, we had access to coaching and modeling in the classroom. BFA high school reading scores tripled in eight years. The other lasting gift from this initiative is Strategies for Learning, a mandatory course for incoming ninth graders who have not demonstrated that they can achieve the standard in reading comprehension. They get double the amount of instruction in literacy than their peers. Tom Lane, Kevin Hebert Rick Potash, and Mark Ladue invested time into that initiative. Amelia Duffy teaches the Strategies. The third piece of the literacy initiative was writing. All teachers at BFA teach writing. In the high school they choose their genre based on their content area but all of us are trained in teaching writing skills and all of us are calibrated to score reliably. Sara Villeneuve has been our champion of literacy and of writing in particular. Kids expect to write in physical education, music, family and consumer science as well as art and business.

Number five was the two plus year experience of accreditation through the New England Association of Schools and Colleges. Applying rigorous standards to our organization, instruction, climate, assessment and three other areas, we realized quickly into our self study that we were not reflecting enough on our practices and we were not looking at student work to make adjustments to how and what we taught. We realized as well our need to be a real K-12 school. That was important. A visit by a fourteen member Visiting Team from NEASC confirmed what we already knew and what we had already started work on. For the high school, the report was a little bit of a kick. Of course as a school, we met the standard for accreditation and in addition had a plan for achieving excellence. Doug Reaves and Kevin Hebert drove that experience.

Finally, there are a number of teachers, parents, students, community members and support staff who aren't mentioned here, but who also have contributed in major ways to the success of BFA students over the last decade, including some who have left. They have formed special relationships, taught challenging curriculum,

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stepped up under pressure, endured tragedy, challenged me and made me better. And that is why we entered this profession in the first place; to make a better place for our kids and yours.

Next month, this space will be filled with the awards that will be given at Class Day and Graduation. I extend my deepest appreciation to Chris Santee and The Fairfax News for indulging my musings in this space and to all of you who have read this column. I hope our paths cross again.

Also Leaving

The Fairfax News salutes and thanks others who are leaving our Bellows Free Academy Fairfax family at the end of this school year.

Retiring Peg Gilbert Carolyn Mitchell Susan Mitchell Jim Lonergan

Leaving Heather Gratton Susan Dunne Joshua Safron Wayne Tozzi Lorinda Michaud Justin Wills

Fairfax Recreation

- * Lower field in the Recreation Park remains closed to let the grass come in. Watch for news of the field open-
- * Belly Dance workshop Wednesday June 10th. 6:30pm.
- * Boot Camp continues through the summer — Monday and Wednesday at 6:30pm.
- * Volunteers needed immediately for community day June 6th - Call Katrina at 849-2641 if interested.
- * Volunteers needed for egg run -Call Katrina at 849-2641 if inter-
- * 10th annual Egg Run is August 1st at 9am.

CONGRATULATIONS **CLASS OF 2009**

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High School Exam Schedule

High School students will conclude their second semester classes with exams beginning on Wednesday, June 10. All other BFA students will be in regular classes except for eighth graders who will finish for the year June 10.

Wed., June 10 Thurs., June 11 Fri., June 12 Middle School/High School Block 2 Exam Block 1 Exam 8:30 - 10:008:30 - 10:00Vertical Teams Block 4 Exam Block 3 Exam Middle School/High School 10:15 - 11:4510:15 - 11:45Vertical Teams

Students must be on time for their exams.

MLS

Students who do not have exams do not need to be in school.

Students in school but not in exams will be assigned to a supervised study hall. Students should be prepared to return all books and other materials at exam time. Students will not be allowed to leave an exam period for dismissal.

Students should arrange for transportation after exams on Wednesday, June 10, or be assigned to a study hall until normal dismissal – 2:45. Thursday, all BFA students will be dismissed at 11:55 and busses will run then.



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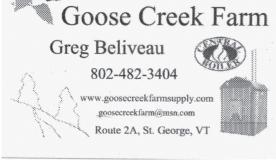
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Citizens for Fairfax Community, Inc.

FC is a local nonprofit, openmembership organization whose mission is to create a community center in which people across the generations can find opportunities to gather and participate in a variety of activities: creative, educational, civic and recreational

Our Objectives:

- 1. Find and develop a community center facility.
- 2. Promote programs that fulfill the social, cultural, recreational, and wellness needs of the residents of the greater Fairfax area.

Headlines from this month's activities:

- CFC is working to have a presence at community events this summer, such as the Rec. Department's Ducky Race and Community Day as well as Swanson's Art in Bloom and Music Fest.
- Community members (including kids) are invited to contribute designs or ideas for a CFC logo. The theme, of course, is "Fairfax Community."
- If you have a little time and /or expertise that you can lend, PLEASE give us a hand in researching information needed for a business plan and for grant applications:

To find out more, express your views, or get on our email list for full reports, call 849-6561 or email mark@ vtwellness.net.

CFC Board of Trustees: Susan Posner-Jones, President; Margaret Bushey, Vice-President; Barbara Duval, Treasurer; Mark Hunziker,

Secretary; Pamela Jumper, Trustee; Elizabeth Griffin, Trustee; Trevor Russell, Trustee and Mary Taylor, Trustee.



Farewell Sara



Special Thanks to the Vermont State Police, the Franklin County Sheriff's Department and A.W. Rich Funeral Home for the arrangements and for broadcasting Sara's full ceremonies on their website.

AT THE LIBRARY Continued from page 3

green in front of the library. The band will move to the gym in the case of rain.

The Starline Rhythm Boys evoke the spirited country and juke joint sounds that echoed out of the Tennessee Hills and Texas Honkytonks of the 1940s and 50s. http://www.starlinerhythmboys.com/

Join us for a great evening for the whole family.

Got Duck?

Saturday, June 6th is Community Day in Fairfax with great activities and the famous "Ducky Race." You can buy a ticket for a duck at local businesses and win some money at the Fairfax Recreation Park.

After the Ducky Race, the #1 girls' softball team from BFA Fairfax hosts Green Mountain in a second round playoff game.

Watch for more on FranklinOne.

Golden Duck

Each year, the businesses of Fairfax sell Ducky Race Tickets.

New this year, the business that sells the most tickets will be awarded the famous Golden Duck Trophy for the year to display. Please support your local businesses in this competition by buy-

ing ducks!

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Fairfax Resident Honored For Outstanding Community Service

Congratulations to Gordon Raymond of Fairfax who recently received a Governor's Award for Outstanding Volunteer Community Service. Sponsored by the Vermont Commission on National and Community Service, the Governor's Service Awards honor individuals who best exemplify the spirit of volunteerism and community service in Vermont. On April 24th Raymond traveled to Montpelier to accept his award from Governor Jim Douglas.

Community HowardCenter's Friends Mentoring program was pleased to nominate Raymond for this award. Community Friends matches area youth with caring adult volunteers for long-term big-brother/big-sister type relationships, and Raymond was already familiar with the world of mentoring when he became a Community Friends mentor 10 years ago. Raymond meets with his current buddy of two years for fun weekly outings, all the while maintaining a supportive friendship with both of his previous mentees. In his 14 plus years of mentoring, Raymond has helped each of his mentees achieve life goals through small tangible steps. Raymond is a dedicated man who has proven that taking action is the best way to make a difference.

For more information about Community Friends, please contact Kristen Hayden-West, Program Coordinator, at 488-6650 or visit www.howardcenter.org/friends.

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Notice of Hearing

The Public Service Board will hold a PUBLIC HEARING, pursuant to 30 V.S.A. Sections 10 and 248, in PSB Docket No. 7508 -

Petition of Georgia Mountain Community Wind, LLC, for a Certificate of Public Good, pursuant to 30 V.S.A. Section 248, authorizing the construction and operation of a 5-wind turbine electric generation facility, with associated electric and interconnection facilities, on Georgia Mountain in the Towns of Milton and Georgia, Vermont, to be known as the "Georgia Mountain Community Wind Project" on Tuesday, June 9, 2009, commencing at 7:00 P.M., in the Gymnasium of the Georgia Elementary and Middle School, located at 4416 Ethan Allen Highway in St. Albans, Vermont.

FROST WARNING

There is a Frost Warning for Fairfax on the night of June 4th to June 5th.

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Sports to the Maxx BY MAXX MCNALL

or the Bullets the 2009 season came to an end on Tuesday as they fell at the hands of Oxbow 9-5. The loss closes the door on the careers of seniors Andrew DuPrat, Cory Hathaway, Shayne Kirby, Zach Ladensack, Jared Hughes, Dustin Lyman, and Matt Jensen. Although the loss of seven key players from a team that went 10-6 in the regular season will hurt, the future is still bright for the Bullets. Several valuable players return next year including Ben Rabidoux, Brett Hakey, Kyle Fielden, and Tyler Meunier among others along with a strong group of players that will rise up for the junior varsity squad.

It was a tough day for Fairfax on Tuesday as they were facing an Oxbow squad that had a deceptive record of 6-10 heading into the first round playoff matchup. The Olympians, members of the Capital Division, played a difficult schedule and the Capital teams proved better than Mountain Division teams. Out of the eight teams left in the quarterfinals, seven are from the Capital Division. Stowe, the only Mountain Division team to win on Tuesday, were losing 2-1 heading into the seventh inning and pulled out a victory in extra innings. Oxbow was a quality opponent and the Bullets had a difficult time getting anything going in the contest.

Oxbow jumped to an early 2-0 lead in the first inning as DuPrat gave up three hits including a triple that was smocked to deep center field. The Bullets responded in the bottom half with a leadoff walk to DuPrat. Hatha-

Texas Hold 'em for Patriots

Patriots Youth Football will be hosting a Texas Hold 'em Tournament on June 14th at the Hampton Inn, located in Colchester, VT. 10:00 a.m.-6:00 p.m. \$100 Buy-In. Top five players earn cash. For more information, contact Tom Pendris at 849-2882.

way followed with a single that helped manufacture a run as a fly out moved DuPrat to third and then Hakey hit into a force out at second which allowed DuPrat in from third to make

Again Oxbow bounced back in the top of the second with three more runs aided by three walks in the inning. With one out and three runs already in, the bases were loaded and the Bullets managed to escape without surrendering any more runs.

The game continued to go back and forth as Fairfax drew to within one run again as DuPrat hammered a double to left that plated two runs. Then with two outs Hathaway hit a high chopper to first that squeaked by the first baseman for a run scoring single and made it a 5-4 game.

In the third, Oxbow scored yet again to make it five straight half innings in which a team has scored at least one run. The Olympians hit a pair of RBI singles in the inning for a 7-4 lead but it could have been more if not for a run saving defensive gem in the inning. With runners at the corner, the runner at first took off for second with no one out. He had stolen second and

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the throw down to the base was cut off by Fielden. The runner at third was already halfway down the base path as Fielden threw a strike to Kirby at home who applied the tag for the out.

The play seemed to spark the Bullets early in the third as they loaded the bases with one out but were not able to push one run across as the score remained 7-4 after three.

Scoring halted as the Bullets received chances to score again in the fifth with runners at the corners with no one out but the next three batters struck out to end the inning. After that the Bullets held the Olympians to one more run and scored a run of their own in the seventh on a run scoring single from Fielden to make it 9-5. But a pair of strikeouts ended the game and the season for Fairfax.

It was a crushing defeat for the 2009 Bullets who were looking to go far into the playoffs. We must bid a farewell to the departing seniors who gave so much to the program and it showed on the field during the season. A difficult loss to a tough team in a game that just didn't go the way the Bullets had intended.

Is He Really Worth \$41.7 Million?

BY MAXX MCNALL

7ith the first pick in the 2009 NFL Draft, the Detroit Lions select...Matthew Stafford, quarterback from the University of Georgia. Based on talent alone, Stafford has all of the tools to be one of the league's premier quarterbacks. He displays elite arm strength, pinpoint accuracy, deceptive speed, and has a passion for the game. The only knock on Stafford is his decision making ability. At times he tries to make the perfect throw, resulting in a high number of turnovers. Along with his superior talent level, Stafford will begin his NFL career with no character flaws to speak of. There is no question in Stafford's ability and he is certainly worthy of being the number one player selected in the '09 Draft. . . .

Continued on Franklin One.com

Thanks

Special thanks to Maxx McNall, standout athlete at BFA Fairfax Class of 2008. Maxx will begin his sophomore year at Quinnipiac university this

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Our Town of Fairfax

Contact #'s — Departments and Offices

For Your Information

- * Property Taxes Due 11/15/09
- * Burn Permits/Fire Warden 849-6174
- * Assistant Fire Warden 849-2230
- * Dog Bites Report Immediately to Constable Josh Langelier at 752-0908
- * Recycle Bins can be picked up at the Town Office

Selectboard Members

- * Bob Horr, Chairperson
- * Bill Ormerod, Charlie Swanson, Randy L. DeVine, John Mitchell
- * Deadline for Selectboard Meeting Agenda Items Wednesday at 3:30 pm
- * Selectboard Meetings every Monday at 7:00 pm

Events

- * Dog Licenses PAST DUE
- * Trash & Recycle Pick Up Days Wednesdays and Thursdays
- * Call # 800-439-3615 for more info
- * New recycle bins can be picked up at the Town Office during regular office hours. Check-in to pick-up
- * Community Day June 6th Fairfax Recreation Park — Activities start at 10:30am
- * Second Constable Wanted Call 849-6111



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- 3 cup oatmeal
- 4 cups milk
- 2 cups flour
- 2 tablespoons maple syrup
- 1 teaspoon salt (optional)
- 2 teaspoon cinnamon
- 2 tablespoons baking powder
- 2
- cup melted butter 1/2
- 1. In a large mixing bowl, pour milk and maple syrup over oatmeal and let sit for 10 minutes.
- 2. Sift flour, add salt, cinnamon and baking powder; mix well. Add to oatmeal

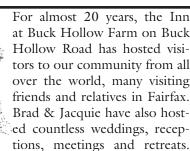
3. Add egg, melted butter and mix well. Let rest for 3-4 minutes. Pour batter onto hot griddle. Flip pancakes over once when they are puffy, full of bubbles and lightly brown on one

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Thank You Colin Santee

Thanks for all the photo work you've done for The Fairfax News over the past 8 years. Thanks for the many articles you have contributed. Thanks for helping generate school spirit with "DC". Thank you for contributing to the betterment of our community.

Congratulations on graduation and Good Luck at Johnson this fall.

Births

Tyler Camdon Gillilan, born May 11th, 2009 to Jennifer (Harper) and Donald Gillilan.

Rueben Frederick Campbell, borm May 13th, 2009 to Stephanie (Boyden) and Matteo Campbell.

Happy Birthdays

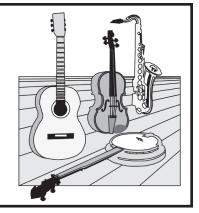
To Cameron and Quinn Meunier, 7 years old on June 6th.

To Seth Meunier, 12 years old on June 10th.

To Shelden Meunier, 8 years old on June 27th. From Grammy and Grandpa Meunier.

Fairfax Music

Any artists or musicians interested in being a part of the 3rd Annual Art in Bloom Festival in Fairfax this summer should contact Shelly Pottala at 849-2570.



Thanks

To Franklin County Sheriff's Department, especially Deputy Kevin Bushey, for work on home break-ins, speeding vehicles and Recreation Park vandalism.

EMERGENCY A

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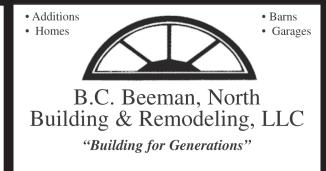
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SOLUBLE FIBER IN THE DIET **OFTEN IMPROVES SYMPTOMS** OF IRRITABLE BOWEL SYN-DROME (IBS). Citrucel, Metamucil and Fibercon as well as rice, potatoes, applesauce and oatmeal are soluble fibers that form a gel in the GI tract helping food move along more smoothly. Raw fruit and vegetables as well as wheat bran are insoluble and can make symptoms worse. Antidepressants can improve mood and relieve abdominal pain. Antispasmodics and peppermint oil aid some patients. Imodium will help diarrhea but not discomfort and bloating. Miralax and milk of magnesia should be tried first for constipation. Probiotics help some patients especially ones with bifidobacteria such as Align or Activia. Lactobacillus acidophilus does not help symptoms.

A WRIGLEY SCIENCE INSTI-TUTE STUDY found that chewing gum might reduce appetite. People chewing sugarless gum ate fewer snacks between meals and consumed 40 calories less than people who didn't chew gum. And it keeps your

jaw muscles in shape! Another study found that laughter is sometimes the best medicine. Diabetics who laugh daily can significantly increase good cholesterol and decrease their risk of heart attack. Get out those old 'I Love Lucy' and 'The Three Stooges' tapes.

VITAMIN D IS GETTING A LOT OF ATTENTION due to the fact that most people don't get enough in their diet or from sun exposure. As we age our bodies lose the ability to use sunlight to make vitamin D. Current intake recommendations are at levels that prevent rickets. Higher intake levels can reduce muscle and bone pain, prevent falls and bone breaks as well as reduce the risk of some cancers and heart disease. Experts now recommend 1000 units per day for kids and 1000 to 2000 units per day for adults. D2 (ergocalciferol) is the vitamin D made by plants, D3 (cholecalciferol) is the one our bodies makes and is probably more potent and a better choice.

Burger Barn

The Burger Barn at Swanson's Farm & Nursery will be open Fridays, Saturdays and Sundays in June from 12:00 noon to 9:00

Swanson's is located next to the Lamoille River bridge on Main Street in Fairfax.

FranklinOne.com

The Fairfax News is available daily online at FranklinOne.com.

In April, the local website passed 200,000 hits and includes weather alerts, breaking news, community events, sports and school news from BFA and beyond, sheriff's news, rescue and fire news and of course political news. It will include all your Town Meeting news.

You can subscribe to The Fairfax News and receive 12 issues in your mailbox, one each month, for only \$15 per year.

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